



**SHANNON  
SPRINGS**  
hotel ★★★★★



**OLD LODGE**  
GASTRO PUB  
Shannon



**CALL  
US**

**061.364047  
083.0703662**

## *Sunday Lunch*

### *STARTERS*

#### **Chicken Wings**

Choose from Hot "n" Spicy or BBQ Sauce  
(Sulphur, eggs, gluten, milk, celery)

#### **Caesar Salad**

Caesar sauce, smoked bacon, rustic herb croutons, baby gem lettuce, fresh parmesan  
(Milk, eggs, gluten, mustard, celery)

#### **Salmon**

Grilled warm smoked salmon on a crisp red onion potato cake, lemon butter and caper sauce  
(Gluten, milk, eggs, fish, sulphur)

### *MAIN COURSE*

#### **Roast Sirloin of Beef**

Horseradish sauce, yorkshire pudding and roast gravy  
(Eggs, sulphur, celery, milk, soya, gluten)

#### **Seabass**

Pan fried fillets of seabass, spinach, panko crumbed calamari, pesto cream sauce  
(Fish, eggs, milk, mollusc, gluten, sulphur)

#### **Chicken**

Baked breast of chicken stuffed with black pudding & smoked bacon, croquet potato, mushroom sauce  
(Gluten, milk, sulphur, celery, soya)

#### **Lamb**

Roast stuffed leg of lamb, rosemary & garlic roast potato, pan gravy  
(Milk, gluten, celery, soya, sulphur)

#### **Vegetarian**

Linguine pasta in a spicy tomato & roast mediterranean sauce, garlic bread  
(Gluten, milk, eggs, celery)

### *DESSERTS*

#### **Warm Apple Crumble**

Crepe Anglaise and Vanilla Ice-Cream (Gluten, milk, eggs)

#### **Cheesecake**

Lime flavoured cheesecake, crème de menthe anglais, fresh cream (Milk, eggs, gluten)

#### **Eton Mess**

Mixed berries, meringue chunks, cream, coulis (Eggs, milk)

#### **Banoffee Pie**

Toffee Sauce, crushed caramel and cream (Gluten, milk, eggs)

**Main Course Only  
€12.95**

**2 Course €16.50  
3 Course €20.95**