



The —————
OLD LODGE
G A S T R O P U B
————— *Shannon*

GASTRO LUNCH MENU



- Gastro Deli -

OAK SMOKED SALMON / €7.50

On homemade treacle bread, caper and onion salsa, salad garnish (B,N)

CAJUN CHICKEN / €9.95

On garlic and coriander naan, guacamole dressing, 3 salads (B,N)

HAND CUT SANDWICHES / €5.95

Selection of fresh or toasted hand cut sandwiches, salad and crisps "Gluten Free on Request" (B,L,N)

CHICKEN WINGS - HOT 'N' SPICY OR BBQ SAUCE / €6.95

Old Lodge style chicken wings cooked in a Hot n Spicy or BBQ sauce, garlic mayonnaise (A,B,N,M)

Main (Served with chips) / €10.95

CHICKEN AND BACON CAESAR WRAP / €6.95

Served with salad and crisps (B,L,N)

TODAY'S HOME MADE SOUP / €4.50

Treacle bread (A,B,L,M)

PLUM TOMATO AND RED ONION BRUSCHETTA / €5.95

On sour dough bread and salad (L,N)

CHEF'S SALAD'S OF THE DAY / €1.50 PER PORTION

HOMEMADE VEGETARIAN TART OF THE DAY / €5.95

Served with 3 salads (A,B,L,N)



- Gastro Hot Buffet -

HOT DISHES FROM OUR GASTRO BUFFET

"See our specials boards"

- Wok Station -

SWEET CHILLI AND SOYA CHICKEN / €10.00

Pak Choi, Chinese leaves, julienne of carrot and red onion

CHICKEN STIR FRY / €10.00

Pak Choi, Chinese leaves, julienne of carrot and red onion

CHICKEN CURRY / €10.00

*Marinated strips of chicken in a mild curry sauce
finished with mango chutney*

"All served with rice / noodles and poppadom"

- Desserts -

HOMEMADE SCONE / €2.50

Fruit compote, fresh cream (A,B,L)

APPLE / RHUBARB CRUMBLE / €5.95

Crème anglais and vanilla ice cream (A,B,L,K)

SELECTION OF ICE CREAM / €5.95

Tuile and fruit coulis (A,B,L)

WARM MIXED BERRY ICE CREAM / €5.95

Fresh cream (A,B)

STICKY TOFFEE PUDDING / €5.50

Toffee sauce and caramel ice cream (A,B,J,L)



PROUD TO SERVE

COŠTA



Primo



Medio



Massimo

CAPPUCCINO

€2.95 / €3.40 / €3.75

AMERICANO

€2.45 / €2.90 / €3.00

CAFFE LATTE

€2.95 / €3.40 / €3.75



Solo



Doppio

ESPRESSO

€2.00 / €2.50

MACCHIATO

€2.00 / €2.50

HOT CHOCOLATE

€3.00 / €3.45 / €3.75

MOCHA

€3.45 / €3.95 / €4.35

- Teas -

TEA

€2.30 / - / -

SPECIALITY TEA

€2.50 / - / -

*Have it your way. Add an extra shot of Espresso,
Flavour Syrup, Marshmallow or Flake for 50c*



**SHANNON
SPRINGS
hotel*****

Follow us on:



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